



Module Title	Personal and Professional Development		
Module Code	BUS200		
Module Type	Elective/Specialised	ECTS	6
Year / Semester	Year 1/Semester 2		
Module Purpose and Objectives	<p>This module aims to equip students with essential personal and professional skills necessary for success in the hospitality industry. Through a combination of theoretical knowledge, practical exercises, and industry insights, students will develop self-awareness, interpersonal skills, leadership capabilities, and a growth mindset essential for navigating diverse roles within the hospitality sector.</p>		
Learning Outcomes	<p>On successful completion of this module, students will be able to:</p> <ul style="list-style-type: none"> • Develop a growth mindset and lifelong learning habits to adapt to changing industry trends and pursue continuous personal and professional development in the hospitality sector. • Develop leadership competencies and strategies for motivating and empowering teams in dynamic hospitality environments. • Design a professional development plan, within a specific work context • Demonstrate self-awareness and an understanding of personal strengths, weaknesses, and areas for development relevant to hospitality careers. 		
Module Content	<p>Our module on Personal & Professional Development in the hospitality industry offers a structured exploration of key topics essential for career success. Beginning with an introductory overview, we cover foundational concepts like self-awareness and emotional intelligence. Subsequent weeks address career pathways, self-assessment, cultural competence, teamwork, conflict resolution, leadership skills, time and stress management, adaptability, resilience, networking, professional ethics, and continuous learning. The module culminates in reflection and action planning exercises to foster ongoing growth and development.</p>		
Teaching Methodology	<p>The module is delivered over a combination of lectures, videos, group discussions, audio visual aids, seminars, tutorials, workshops, case studies, hotel visits. All lecture material and additional information will be available through our Moodle platform.</p>		
Assessment	<p>Assessment will be an assignment, with the final grade including semester attendance and participation.</p>		